

Descriptor	Descriptor Code:	Issued Date:
FOOD AND NUTRITION SERVICES MANAGEMENT	705	September 13, 2006
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	610, 705, & 705.1	

BOARD POLICY 705

The need for schools and communities to recognize the health and educational benefits of healthy eating and importance of proper nutrition are recommended at all participating institutions to benefit our island's school children. The establishment of local policies creates a supportive nutrition environment in schools that shall provide students with the skills, opportunities, and encouragement needed to adopt healthy eating patterns. Therefore, as we progress in promoting a sound Nutrition Education and healthy eating life style to our students and their families, the following policy and guidelines in the area of Nutritional Content and Food Service Operations shall be in effect:

The Guam Department of Education ("GDOE"), as the State Agency, shall seek to maintain participation in the United States Department of Agriculture, Food and Nutrition Service (USDA, FNS) Programs in accordance with the *"Child Nutrition and WIC Reauthorization Act of 2004"* (U.S. P.L. 108 269) for all institutions, public and private, that participate in the Child Nutrition Programs and Food Distribution Programs. These Programs shall be supported by the Food and Nutrition Services Management Administrator who shall be held accountable for the effective support of the aforementioned programs. The Programs, as it applies at the school level, shall be held under the direct supervision of the Principal.

GDOE shall ensure the following regulations, as revised from time to time, are adhered and uniformly implemented in accordance with the respective Programs:

- National School Lunch Program 7 CFR Chapter II, Part 210
- School Breakfast Program 7 CFR, Chapter II, Part 220
- Summer Food Service Program 7 CFR, Chapter II, Part 225
- Child and Adult Care Food Program 7 CFR, Chapter II, Part 226
- Nutrition Education and Training Program 7 CFR, Chapter II, Part 227
- State Administrative Expense Program 7 CFR, Chapter II, Part 235
- Cash in Lieu of Donated Food Program 7 CFR, Chapter II, Part 240
- Determining Eligibility for Free and Reduced Price Meals and Free Milk in Schools 7 CFR, Chapter II, Part 245
- Donation of Foods for use in the U.S., its Territories and Possessions, and areas under its Jurisdiction 7 CFR, Chapter II, Part 250
- The Emergency Food Assistance Program 7 CFR, Chapter II, Part 25
- United States Department of Agriculture (USDA) Food and Nutrition Service (FNS) Special Policy Memos as amended and updated

NUTRITIONAL CONTENT AND FOOD SERVICE OPERATIONS School Food Authority (SFA)

Meal & Milk Pricing

The prices set for meals, snacks, and the price for milk shall be submitted to the Board for approval one (1) month prior to the opening of each School Year. Meal prices shall be established by the superintendent in consultation with the Food & Nutrition Services Management Administrator and with the approval of the Board at the beginning of each school year.

Food Service Operations

The daily operation of the cafeteria shall be the responsibility of the cafeteria Manager. The school principal shall be held accountable for the overall effective leadership and management of the cafeteria's operation. The Food and Nutrition Services Administrator shall provide guidance and support to the School Food Authority. All GDOE cafeterias shall comply with all federal and local Rules and Regulations regarding the preparation, distribution, and storage of foods.

Nutrition & Physical Fitness Advisory Council

A Nutrition and Physical Fitness Advisory Council appointed by the Superintendent of Education shall be responsible for advising and making recommendations to the Superintendent on nutrition, nutrition education, physical fitness, physical education, and Growth Screening recommendations and requirements. The Council shall consist of parents, students, school administrators, teachers, and industry professionals. The Nutrition and Physical Fitness Advisory Council shall be chaired by the Food and Nutrition Services Administrator, who will designate a local school wellness policy coordinator to assist schools with meeting recommendations and requirements set forth by the council.

Food and Beverages

All Food & Beverages prepared and distributed for student consumption during the school day shall be procured from a United States Food and Drug Administration approved source or GDOE approved source.

Foods and beverages sold for adult consumption during the school day shall be prepared by the GDOE food service management company or by a GDOE cafeteria.

A. Food and beverages listed as Foods of Minimal Nutritional Value

- a. Food and beverages listed as Foods of Minimal Nutritional Value (FMNV), as defined by the regulations of the Food and Nutrition Service (FNS) of the U.S. Department of Agriculture (7 CFR, Parts 210 & 220) are prohibited from being sold (to include vending machines), given away, or promoted at any time during the official school day. Food and Beverages with Minimal Nutritional Value brought to school by

students shall be discouraged and notification sent home to parents encouraging the consumption of healthy foods and beverages. Such a provision specifically precludes the sale or promotion of carbonated beverages water-ices unless made with fruit 100% juice, ice cream or similar products, licorice, marshmallow candies, chewing gum, candies, fondant, spun candy and candy-coated popcorn, or related food items with minimal nutritional content during the official school day. For the purposes of this provision, the official school day begins when the campus is opened to students in the morning and ends when students are officially dismissed to return home.

b. Foods and beverages that meet the Minimum Nutritional Values:

Foods that meet the minimum nutrition values include, but are not limited to, corn chips, beef jerky, popcorn, fruit, cheese & crackers, 100% fruit juices, peanuts, sunflower seeds, granola bars, low fat yogurt, pretzels, trail mix, low-fat and fat- free fluid milk, and similar food groups approved by USDA, FNS, USFDA and the Food & Nutrition Services Management Division. Foods with minimum nutritional values shall be identified by the Food & Nutrition Services Management Division Administrator and in collaboration with the Nutrition and Physical Fitness Advisory Council.

~~e. The following exemptions from the nutritional requirements are hereby approved:~~

- ~~• Elementary schools—5 events per school~~
- ~~• Middle schools—10 events per school~~
- ~~• High schools and alternative school—15 events per school~~

~~An event is defined as a fundraising activity involving the sale of food, lasting no more than three consecutive days.~~

B. Milk

To ensure that our students receive a variety to include low-fat and non-fat fluid milk, schools shall include with every program meal served, half pint disposable container of fluid milk. For white or unflavored, chocolate, strawberry, and vanilla fluid milk's nutritional content shall at a minimum meet USDA Fluid Milk requirements and be approved by the US Food & Drug Administration Pasteurized Milk Ordinance, be pasteurized, and must contain Vitamins A & D at levels specified by the US Food and Drug Administration.

GDOE SCHOOLS

In order to support the school's nutrition and food services' operation as an essential partner in the educational mission of the district and its role in the district's comprehensive nutrition program, school administrators and in collaboration with the Food & Nutrition Services Management Division Administrator shall: Encourage all students to participate in the schools' Child Nutrition Programs Breakfast, Lunch, and After School Snacks; Provide a variety of nutritious foods consistent with the applicable Federal Government's Dietary Guidelines for Americans; and Provide adequate time and comfort to eat meals in a pleasant and safe environment.

Schools shall ensure that seating is not overcrowded, rules for safe behavior are enforced, appropriate supervision is provided, and recess is scheduled prior to the lunch period for elementary students.

Schools shall use food as an integrator and central focus of education about human events, history and celebrations. Schools shall encourage teachers and students to use food and cooking as a part of a learning experience that sheds light on the customs, history, traditions, and culinary of various countries and cultures.

Schools shall promote food centered activities that are healthful, enjoyable, developmentally appropriate, culturally relevant, and participatory such as contests, promotions, taste testing, farm visits, school gardens and kitchen classrooms.

At each school site, students shall be encouraged in recycling programs that begins with the use of recycled products and maximize the reduction of waste recycling, reusing and composting.

Schools shall encourage students in Pre-K through Grade 12 to establish an instruction garden of sufficient size to provide students with experiences in planting, harvesting, preparation, serving and tasting foods.

Schools are encouraged to utilize food from school gardens and local farms in kitchen classrooms and cafeterias based upon availability and acceptability.

A. Food Sales and Distribution

~~Food sales and distribution for the benefit of school organizations may be allowed, but only after written permission is granted by the administrator of the school. The school organization must prove that the food sold or distributed contain the minimum nutritional values so as to comply with the Federal Regulations contained in 7 CFR, Parts 210 and 220. The school administrator shall consult in writing with the Food and Nutrition Services Management Division Administrator to determine if the food sold or distributed is of sufficient nutritional value. Approved food sales or distribution shall occur no earlier than thirty minutes after the end of the~~

~~last lunch period. This provision shall extend to all school approved events taking place during the official school day. For the purposes of this provision, the official school day begins when the campus is opened to students in the morning and ends when students are officially dismissed to return home. Foods sold or served in schools should assist students to comply with the U.S. Dietary Guidelines for Americans.~~

~~The following exemptions from the nutritional requirements are hereby approved:~~

- ~~• Elementary schools — 5 events per school~~
- ~~• Middle schools — 10 events per school~~
- ~~• High schools and alternative school — 15 events per school~~

~~An event is defined as a fundraising activity involving the sale of food, lasting no more than three consecutive days.~~

Food and beverage sales for fundraising events or school celebrations, **except for culturally-related**, shall not occur during the official school day. The official school day is defined by USDA as the time between midnight the night before to 30 minutes after the end of the instructional day.

Foods and beverages sold after the official school day are allowed, but only after approval by the school Administrator. In order to maintain consistency with nutrition standards during the school day, it is highly encouraged that any foods and beverages sold after the school day will follow nutrition standards set forth by the USDA Smart Snacks requirements

B. Student Stores

Student schools stores shall not sell food and beverage items at any time.

C. Food Ticket Sales

Sales of tickets or other items are permissible provided all proceeds are used for the approved purposes of a school's student organization and comply with the aforementioned federal and local regulations and policies.

D. Food Service Area - Cafeteria

Schools must not design their food service area in such a way as to encourage or facilitate the choice or purchase of food with minimal nutritional value as a ready substitute for the program meals. Schools shall not promote and market fast food and branded foods and beverages within their food service area. Schools shall not offer any of these food items as a reward of any kind nor offer the sale as part of any school meal program or as ala carte items.

- Bottled water and 100% juice machines are acceptable at all times.
- School staff should encourage non-food alternatives as student rewards.

E. Access to Safe Drinking Water

Students and staff will have access to safe, fresh drinking water throughout the school day. Fluoridated or bottled water should be made available for purchase by staff and students.

GDOE Cafeterias

Any student may eat in the school cafeteria or other designated place on campus and healthy foods should be competitively priced.

A. Posting of Meal Prices and Menus

Meal prices of ala carte items shall be conspicuously posted in each cafeteria or designated meal area.

B. Promotion of Nutrition

GDOE cafeterias and food service staff shall promote good nutrition and nutrition education by offering healthy food choices meeting the U.S. Dietary Guidelines. The GDOE schools and the Food and Nutrition Services Management Division shall reinforce the promotion of nutrition education and activities in classrooms, such as nutrition education curriculum, decorations, special promotions, and quarterly themes. GDOE cafeterias shall promote food centered activities that are healthful, enjoyable, developmentally appropriate, culturally relevant, and participatory such as contests, promotions, taste testing, farm visits, school gardens and kitchen classrooms... i.e. National School Lunch and Breakfast Week

Family and Community Involvement

In order to promote family and community involvement in supporting and reinforcing nutrition, nutrition education, physical fitness, physical education and Growth Screening, in schools, the school administrator is responsible for ensuring:

- A.** Nutrition, nutrition education, physical fitness, physical education, the BMI and menus are made available to parents; Foods served at school shall display sufficient nutrition information to allow parents, students and the community to make informed dietary choices.
- B.** Parents are encouraged to promote their child's participation in the school breakfast and lunch meals program. If their children do not participate in the school meal programs, parents are encouraged to provide their children with healthy snacks, meals and beverages;
- C.** Families are encouraged to attend exhibits of students nutrition, physical fitness and BMI projects, etc;
- D.** Parents are encouraged to participate with their child's homework in which nutrition education, physical education and Growth Screening provide a learning tool for families.

Staff Development and Training

Staff development and training opportunities in the area of nutrition, nutrition education, and food safety shall be provided by the Food & Nutrition Services Management Division.

Program Evaluation of Nutrition and Food Service Operations:

In order to evaluate the effectiveness of the school health program in promoting healthy eating and to implement program changes as necessary to increase its effectiveness, the Food and Nutrition Services Administrator shall be responsible for evaluating and assessing annually whether the Board Policy and Procedures are implemented, including a periodic assessment of the school meal program with input from students, parents and staff. The evaluation and assessment shall be submitted in report form to the Superintendent of Education ~~annually~~ **as needed**.

ADOPTED: Board of Education 04/23/83
AMENDED: 01/06/95; 08/10/05, 09/13/06, 9/24/15, 02/24/16

